



Day Pass Rates April 1–5  
**\$12 all ages**



**All Other Dates**

\$12 Ages 12 & older, \$8 Ages 11 & younger

All activities listed are **FREE for members**, and included with the purchase of a day pass for non-members.

**DAILY ACTIVITIES | MONDAY – FRIDAY, APRIL 1 – 5**

	<b>Aquatics Center</b>	<b>Gymnasium</b>	<b>Worship &amp; Performing Arts Center</b>	<b>Art Room</b>	<b>Climbing Wall</b>	<b>Fireside Hall</b>
<p><b>NOTE:</b> Morning schedules will follow the Drop-In Recreation Guide, available at GrKrocCenter.org or at the Welcome Desk.            Join us Wednesday from 10 AM – Noon for special Toddler Time activities!</p>						
12:00 PM						
1:00 PM	12:30–2:30 PM <b>Open Swim*</b>	12–2:30 PM <b>Drop-in Basketball &amp; Floor Hockey</b>			12–2 PM <b>Climbing Wall Open</b>	12–4 PM <b>Family Lounge</b>  (Giant Jenga, board games, corn hole, etc.)
2:00 PM						
3:00 PM	3–5 PM <b>Open Swim*</b>	2:30–5 PM <b>Drop-in Pickleball &amp; Soccer</b>	2:30–3:15 PM <b>Family Fitness</b>		2:30–4:30 PM <b>Climbing Wall Open</b>	
4:00 PM						
5:00 PM			<b>Monday</b> Drum Fit <b>Tuesday</b> Ukrainian Folk Dance <b>Wednesday</b> Glow Zumba <b>Thursday</b> Family Fitness <b>Friday</b> Family Yoga See the Drop-In Recreation Guide for the full fitness schedule.	4:30–6:30 PM <b>Drop-in Family Art</b> (Mon / Wed ONLY)		
6:00 PM	5:30–7:30 PM <b>Open Swim*</b> (Mon/ Wed /Fri ONLY)	5–8 PM <b>Open Gym</b>				5–7:30 PM <b>Climbing Wall Open</b> (Friday only)
7:00 PM						
8:00 PM						

\*OPEN SWIM HAS LIMITED CAPACITY – RESERVE YOUR SPOT ONLINE OR IN THE GRAND RAPIDS KROC CENTER APP.  
 FIND INSTRUCTIONS AND MORE HELPFUL INFORMATION AT GRKROCCENTER.ORG!



## RECREATION AREA AGE GUIDELINES:

- Parent must be within reach in the water: **0–6**
- Parent may remain poolside: **7+ with swim test**
- Can go down giant waterslide: **Height 48"+**
- Can climb the rock wall: **Weight 40–250 lbs.**
- Must be supervised by an adult at all times: **0–11**
- May visit Kroc Center without an adult: **12+**
- Can use upstairs fitness center: **16+**
- Will have a great time: **ALL AGES!**

## GET READY FOR YOUR SPRING BREAK VISIT!

- » **All guests must set up a profile** on the Kroc Center's web-based registration system. Save yourself time by doing this before you arrive!
- » Once you create a profile for yourself, use the "Add a Family Member" link in the lower right of the "View My Info" tab to add other users to your account (even if you are bringing non-family members).
- » **If you plan to swim**, find your desired open swim time under "Group Activities" in the registration system or the Grand Rapids Kroc Center mobile app. **You can reserve and pay for your time in advance, then all you need to do is check in when you arrive!**
- » Paying for an open swim session online also provides day pass access to all other activities during your visit.
- » **Prefer more flexibility, or not using the pool?** You can still purchase day passes when you come to the Kroc Center (online profiles are still required).

## PARENT GUIDE: HOW TO ROCK THE KROC!

Here are some suggestions to make the most of what we have to offer:

**PLANNING AHEAD** Reading this is a great start! Having an idea of what activities you want to do will help you choose what time to arrive. Remember you can register and pay for swim times in advance to expedite your check-in. This popular activity is likely to fill up quickly!



**WHERE CAN I PUT MY STUFF?** Free lockers are in each locker room & the gym hallway, but please bring your own lock. We recommend leaving valuables at home or locked in your car out of sight.

**SAFETY GUIDELINES** Please make sure all children 11 & under are supervised at all times. Because of our desire to keep you and your family safe during your time at the Kroc Center, please be certain to adhere to all guidelines and follow the guidance of our Kroc Krew members.

## ACTIVITY DESCRIPTIONS

### Open Swim: ALL AGES – Registration REQUIRED

All areas, including the water basketball area, lazy river, and toddler play area, are open. The giant waterslide will be available as staffing permits. Children aged 6 and under must have an adult within arm's reach in the water at all times. Children aged 7–11 must have an adult in the water with them. Once a child age 7–11 passes a swim test, supervision may be poolside.

If you do not register for open swim in advance, you must check in at the Welcome Desk and receive a wristband before using the pool. Walk-ins will be allowed as space permits.

### Open Gym (Gymnasium): ALL AGES

This time is designed to be welcoming to all ages. Full-court basketball may be played during open gym on one court only.

### Drop-In Sports (Gymnasium): ALL AGES

Play some favorite family sports, including open gym staples like basketball, soccer, floor hockey, and pickleball.

### Drop-In Art: ALL AGES

Join us for creative time! Practice a new skill or make fun projects to take home. We will have a different project for each participant to explore each day and project examples to inspire.

### Art Camp: AGES 7–12 | \$110 Kroc Members, \$155 Non-members

Your child will have fun all week in the Kroc Art Studio as they create and play with all kinds of materials. From clay to paint, Spring Break Art Camp will be a fun time to enjoy the week and learn new techniques to make your own amazing art. **Register at [GrKrocCenter.org](http://GrKrocCenter.org) by Wednesday, March 27.**

### Family Fitness Classes: AGES 7+

Come get moving with some of our awesome fitness instructors! We will be offering family fitness, glow zumba, drum fit, and yoga to keep the whole family moving and having fun. Join us Tuesday for a special spring folk dance taught by our instructor Val from Ukraine!

### Climbing Wall: ALL AGES

#### Kroc Safe Climbing Checklist:

- You weigh less than 250 pounds and fit properly into a harness.
- Shoes are dry and fit securely on the foot. (No open-toe shoes, sandals, or Crocs)
- Loose clothing, hair, jewelry or personal items should be removed or secured.
- Please limit climbing to two attempts when others are waiting.
- Helmets are available as desired.