

2021 FALL PROGRAMS SESSION 2



Registration Opens: Monday, September 27
 Registration Deadline: Tuesday, October 26
 Fall 2 Session Begins: Monday, November 1
 Fall 2 Session Ends: Saturday, December 18

NOTE: No classes on Thursday, Nov. 25 or Friday, Nov. 26
 Late registration may be available if space permits. The Kroc Center reserves the right to close enrollment at the deadline, and class placement is not guaranteed.

Look for the Active Families icon for FREE programs for Family Memberships!



*All other members, see member price.
 **Insurance program users, see non-member price.

Register for classes on the Kroc Online Membership Portal at GrKrocCenter.org or on the Kroc Center App!



MONSTER
 FAMILY NIGHT AT THE KROC
MASH

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FRIDAY, OCTOBER 29
5-7 PM

IT'S BACK!



FINE ARTS & EDUCATION



These classes **FREE** for Family Memberships!

Dive into the world of art with your preschool aged child. This class will be full of fun activities that help to foster creativity and exploration for ages 3–5. Your child will learn about shapes and colors as they draw, paint and create with clay. This class is a great opportunity for tots to practice fine motor skills and socialization. Parent participation is required.

Class	Fall Session 2	Time	Ages	Members	Non-members
Preschool Art for the Imagination	Tuesdays, Nov. 2–Dec. 7	4–4:30 PM	3–5	\$25	\$45

Experience the magic of clay by creating projects such as bowls, pots, plates, mugs and more. Clay, glaze and firing are included.

Class	Fall Session 2	Time	Ages	Members	Non-members
Create With Clay! for Kids	Tuesdays, Nov. 2–Dec. 7	5–6 PM	7–12	\$30	\$50

Join our small group music lessons with one of our wonderful music instructors. Students will work together and independently to learn or perfect current skills, technique and knowledge of their chosen instrument. All skill levels welcome.

Class	Fall Session 2	Time	Ages	Members	Non-members
Music Lessons–Piano	Thursdays, Nov. 4–Dec. 16	4:30–5 PM	7–17	\$30	\$40
Music Lessons–Trumpet	Tuesdays, Nov. 2–Dec. 7	6:30–7 PM	7–15	\$30	\$40
Music Lessons–Drums	Thursdays, Nov. 4–Dec. 16	5:30–6 PM	7–17	\$30	\$40
Music Lessons–Guitar	Tuesdays, Nov. 2–Dec. 7	5:30–6 PM	16+	\$30	\$40
	Thursdays, Nov. 4–Dec. 16	7:30–8 PM	7–15	\$30	\$40
Music Lessons–Ukulele	Tuesdays, Nov. 2–Dec. 7	4:30–5 PM	16+	\$30	\$40
	Thursdays, Nov. 4–Dec. 16	6:30–7 PM	7–15	\$30	\$40

Calling all actors, actresses and stage crew! This workshop is a fun all-around intro to theater. Students will learn both on–and off–stage basics, then perform for friends and family on the final night of class!

Class	Fall Session 2	Time	Ages	Members	Non-members
Youth Theater Workshop	Thursdays, Nov. 4–Dec. 16	5–6 PM	8–14	\$25	\$45

Try your hand at basic printmaking techniques including relief carving, stenciling and transfers to create multiple prints of a unique and original design. Learn about other printmaking artists and this unique medium. Materials Included in class price.

Class	Fall Session 2	Time	Ages	Members	Non-members
Printmaking Workshop	Saturdays, Nov. 6–Dec. 11	11:30 AM–12:30 PM	16+	\$35	\$55

Join us in our studio for a time of creating and exploring. Enjoy working with other creatives to make fun projects throughout the session. Come as you are as a newbie or seasoned artist to play with clay. Materials and tools provided, clay is limited per student based on the session. Projects will be fired and glazed to be picked up the week after class ends.

Class	Fall Session 2	Time	Ages	Members	Non-members
Open Clay Studio	Saturdays, Nov. 6–Dec. 11	9–11 AM	16+	\$40	\$60

BABYSITTER TRAINING

Build your babysitting résumé with this American Red Cross class. Students gain the knowledge and confidence to care for children and learn to respond to emergencies and illnesses with first aid. They also learn how to administer and become certified in CPR and other appropriate care, recognize safety and hygiene issues, care for infants and communicate with parents. Pizza lunch and snack are provided.

Class	Fall Session 2	Time	Ages	Members	Non-members
Babysitter Training	Saturday, Dec. 11	9 AM–4 PM	11+	\$90	\$120



Please visit the Online Member Portal or Kroc Center App for class descriptions and prerequisites.

Members \$48 | Non-Members \$69

Class	Fall Session 2	Time	Ages
Parent & Child: Level 1	Tuesdays, Nov. 2–Dec. 7	4:30–5 PM	6–36 months
	Saturdays, Nov. 6–Dec. 11	8–8:30 AM	6–36 months
Parent & Child: Level 2	Thursdays, Nov. 4–Dec. 16	5:30–6 PM	18–36 months
	Saturdays, Nov. 6–Dec. 11	11–11:30 AM	18–36 months
Preschool Level 1	Tuesdays, Nov. 2–Dec. 7	5:30–6 PM	3–5 years
	Thursdays, Nov. 4–Dec. 16	4:30–5 PM	3–5 years
	Saturdays, Nov. 6–Dec. 11	9–9:30 AM	3–5 years
Preschool Level 2	Tuesdays, Nov. 2–Dec. 7	6:30–7 PM	3–5 years
	Thursdays, Nov. 4–Dec. 16	5:30–6 PM	3–5 years
	Saturdays, Nov. 6–Dec. 11	10–10:30 AM	3–5 years
Preschool Level 3 & 4 Combo	Thursdays, Nov. 4–Dec. 16	6:30–7 PM	3–5 years
	Saturdays, Nov. 6–Dec. 11	11–11:30 AM	3–5 years
Level 1: Intro to Water Skills	Tuesdays, Nov. 2–Dec. 7	4:30–5:15 PM	5–12 years
	Thursdays, Nov. 4–Dec. 16	6:30–7:15 PM	5–12 years
	Saturdays, Nov. 6–Dec. 11	9–9:45 AM	5–12 years
Level 2: Fundamental Skills	Tuesdays, Nov. 2–Dec. 7	5:30–6:15 PM	5–12 years
	Thursdays, Nov. 4–Dec. 16	4:30–5:15 PM	5–12 years
	Saturdays, Nov. 6–Dec. 11	8–8:45 AM	5–12 years
Level 3: Stroke Development	Tuesdays, Nov. 2–Dec. 7	4:30–5:15 PM	5–12 years
	Thursdays, Nov. 4–Dec. 16	4:30–5:15 PM	5–12 years
	Saturdays, Nov. 6–Dec. 11	10–10:45 AM	5–12 years
Level 4: Stroke Improvement	Tuesdays, Nov. 2–Dec. 7	5:30–6:15 PM	5–12 years
	Thursdays, Nov. 4–Dec. 16	5:30–6:15 PM	5–12 years
	Saturdays, Nov. 6–Dec. 11	9–9:45 AM	5–12 years
Level 5 & 6 Combo	Thursdays, Nov. 4–Dec. 16	6:30–7:15 PM	5–17 years
	Saturdays, Nov. 6–Dec. 11	11–11:45 PM	5–17 years

ADULT AQUATICS

Class	Fall Session 2	Time	Ages	Members	Non-members
Adult Learn to Swim	Tuesdays, Nov. 2–Dec. 7	6:30–7:15 PM	13+	\$48	\$69
Adult Swim Lessons: The Basics	Saturdays, Nov. 6–Dec. 11	10–10:45 AM	13+	\$48	\$69
Adult Swim Lessons: Improving Skills and Strokes	Tuesdays, Nov. 2–Dec. 7	6:30–7:15 PM	13+	\$48	\$69
Adult Swim Lessons: Intro to Lap Swim	Saturdays, Nov. 6–Dec. 11	8–8:45 AM	13+	\$48	\$69
Aqua Stretch & Tone	Tuesdays, Nov. 2–Dec. 7	9–9:45 AM	18+	\$38	\$59
	Thursdays, Nov. 4–Dec. 16	9–9:45 AM	18+	\$38	\$59
Water Aerobics	Mondays, Nov. 1–Dec. 6	9–9:45 AM	18+	\$38	\$59
	Wednesdays, Nov. 3–Dec. 8	9–9:45 AM	18+	\$38	\$59
Advanced Water Aerobics	Mondays, Nov. 1–Dec. 6	6:30–7:15 PM	18+	\$38	\$59
River Walking	Fridays, Nov. 5–Dec. 10	9–9:45 AM	18+	\$38	\$59

WATERPARK LIFEGUARD TRAINING (Blended)



This course provides participants with the necessary knowledge and skills to become professional lifeguards. Lifeguard candidates will learn how to prevent, recognize and respond to aquatic emergencies and provide care for breathing, cardiac and first aid emergencies until emergency medical services personnel can take over. Upon successful completion of a practical skills test and a score of 80% or higher on the written exams, participants will receive a two-year Waterpark Lifeguard/First Aid/CPR/AED certification. Scholarships may be available for individuals that agree to work at the Kroc Center. **Please visit the Online Member Portal or Kroc Center App for additional class descriptions and prerequisites.**

Class	Fall Session 2	Time	Ages	Members	Non-members
Waterpark Lifeguard Training (Blended) (Participant must attend all three classes.)	Friday, Dec. 17	4 PM–8 PM	15+	\$242	\$242
	Saturday, Dec. 18	8 AM–6 PM			
	Sunday, Dec. 19	8 AM–4 PM			

DANCE



These classes **FREE** for Family Memberships!

Grand Rapids Ballet School believes dance plays an important role in the healthy development of your child. In our 45 minute class, your child will learn musicality, coordination, classroom etiquette, and ballet vocabulary. It also provides an outlet for them to set a goal and learn the discipline to achieve it. And, it's a lot of fun too!



Class	Fall Session 2	Time	Ages	Members	Non-members
Creative Dance	Tuesdays, Nov. 2–Dec. 7	4:30–5:15 PM	3–5	\$50	\$70

Introduces students to the fundamentals of classical ballet training. Students focus on basic ballet technique and terminology, proper body alignment, and musicality.

Class	Fall Session 2	Time	Ages	Members	Non-members
Elementary Ballet	Tuesdays, Nov. 2–Dec. 7	5:30–6:15 PM	6–8	\$50	\$70

Looking to better your shape? Feeling less limber? Need a lift to your spirits? Adult classes in ballet are an excellent way to stay fit, flexible, and happy. The class focuses on ballet technique, core strength, and muscle coordination. Beyond that, you build self-confidence, grow artistically, and relieve stress too.

Class	Fall Session 2	Time	Ages	Members	Non-members
Beginner Adult Ballet	Tuesdays, Nov. 2–Dec. 7	6:30–7:45 PM	16+	\$55	\$75

MARTIAL ARTS



These classes **FREE** for Family Memberships!

This class is taught in partnership with Tae Park Tae Kwon Do by certified instructor Russell Williams, and overseen by Junior Grand Master Robert Barss, a seventh degree Dan Black Belt. Optional tournaments, uniforms, and belt testing may be available directly through Tae Park Tae Kwon Do, but are not included in this program fee. The option to purchase a uniform as well as more information on tournaments and belt testing will be discussed the first night of class.

Class	Fall Session 2	Time	Ages	Members	Non-members
Tae Kwon Do-Youth	Tuesdays & Thursdays, Nov. 2–Dec. 16	4:30–5:45 PM	7–14	\$47	\$66
Tae Kwon Do-Adult	Thursdays & Saturdays, Nov. 4–Dec. 18	6–7:15 PM Th & 10–11:30 AM Sat.	13+	\$47	\$66

The Kroc Center has partnered with the Godai Judo Club to teach students basic grappling and self-defense techniques, as well as the rules of competitive judo. Classes are led by a nationally certified, Fourth Degree black belt judo instructor. Optional tournaments may be available through Godai Judo but are not included with this program fee. Students are required to wear a Gi (uniform). First-time students will be given information on purchasing a Gi the first night of class.

Class	Fall Session 2	Time	Ages	Members	Non-members
Judo-Youth	Mondays & Wednesdays, Nov. 1–Dec. 15	5:30–6:30 PM	7–12	\$38	\$59
Judo-Adult	Mondays & Wednesdays, Nov. 1–Dec. 15	6:30–7:45 PM	13+	\$38	\$59